

A photograph of three young children, likely of Southeast Asian descent, standing in front of a rustic wooden fence. The child on the left is a girl with dark hair, wearing a white short-sleeved shirt and a red skirt, with a yellow woven bag strap over her shoulder. The child in the middle is a girl with dark hair, wearing a red and blue plaid shirt. The child on the right is a girl with dark hair, wearing a white long-sleeved shirt and a blue bag strap, laughing with her tongue sticking out. The background is a wooden fence made of vertical and horizontal sticks, with some greenery visible behind it.

**Working for
a just world.**

**Bringing justice and dignity to poor
people world wide...**

Let that be your legacy.

trōcaire

Photo: Children from the Ban Tractor Camp for Burmese refugees, situated on the Burmese border in Thailand.

Trócaire believes in dignity, fairness and the potential of every person.
We empower people so that they can determine a better future for themselves.
We stand together with women, men and children who face poverty and injustice.
Working through local partner organisations we fight against the root causes of poverty. Our work transforms lives and it is only possible because of your support.



Trócaire

Photo: Children at Kirambi
Catholic Secondary School, Rwanda.

Our vital work...

Formed in 1973, Trócaire supports communities in their efforts to improve their lives, meet their basic needs and ensure their human dignity in a way that is both long term and sustainable.

By leaving a legacy to Trócaire you will help us provide families with the training and tools they need to work their own way out of poverty and become self sufficient.

Trócaire works with local partners on the ground which means that we can target communities in most need and ensure that donations are used to help the most vulnerable.

Trócaire is working towards a **just** world where families can make a living and provide for themselves now and into the future; where people living with HIV and AIDS have access to life-saving treatment and where men and women are treated equally and are given the same chance to learn and work to improve their quality of life.

Photo Right: Uddom (6) and his grandmother Nov (69), Cambodia.



€144

£124*

will pay for two children to attend school in Zimbabwe for a year with books and supplies.

*based on currency exchange rates Aug 2013

Trócaire's worldwide work

Justice and freedom

Through local partners, we help vulnerable communities to both understand and demand their rights so that they can challenge the social, economic and political structures that deepen injustice and condemn them to a life of poverty.

Photo: Abbas, brick kiln worker, Pakistan.



Emergencies

Long after the cameras have gone we stay and support people to 'build back better' so that they are less vulnerable to future emergencies.

Photo: Trócaire has rebuilt 1,500 and repaired a further 1,500 homes in Haiti.



Livelihoods

When families have food and a reliable income they can look to the future. They can build a safe home, children can go to school, they can afford medical care, their overall health improves and communities can grow from strength to strength.

Photo: Victoria, Rwanda.



Climate change

Trócaire works for Climate Justice which is about ensuring people in developing countries get the support they need to adapt and cope with the changing climate.

Photo: Andrew, Northern Kenya.



Supporting women

We work towards equal rights for women and men. Supporting women whose rights are being violated strengthens communities, helps families to overcome poverty, improves health and education of children and builds a more solid future for everyone.

Photo: Fidelina, El Salvador.



€252

£217*

will provide farmers with improved cassava seeds, a traditional root vegetable, to plant over 100 acres in DR.

*based on currency exchange rates Aug 2013

How legacies can change lives

Hari's story: North West India

India may be known for its booming economy, but it is also home to one-third of the world's poor. The Indian government has put schemes in place to help the poorest of society, but often vital help does not reach the people who need it most. That is where Trócaire has stepped in.

Working with local organisations, Trócaire has helped to establish 'village development committees', which bring people together to educate them about their rights. "I have gained a lot from the village committee," explains Hari Paraja (38). "I've learned how to farm, how to use better seeds and grow more crops. I've also learned about how I can earn more wages."

The benefits of the committees are clear to be seen. Eleven landless families in the village have secured land titles, while others have benefited from jobs and a new road which has linked the village to the surrounding areas. They have also built a new school. "We understand how important it is to educate our children" he says. "So what we earn we save and spend the money on their education."

Photo: Hari, Odisha, North West India.



€600

£518*

would pay for 5 Health Workers to care for communities in rural Odisha, India for a full year.

*based on currency exchange rates Aug 2013

Genevieve's story:

Rwanda

Genevieve lost her husband and three of her six children during the 1994 genocide. For a few months they had to go into hiding. Genevieve was able to turn things around for her family when she received support from Trócaire, through our partner organisation Cocof, in farming crops and livestock.

She was provided with seeds and training to learn how to harvest. Genevieve was also provided with training on how to apply for a small loan.

In 2003 she was able to set up a shop. With the extra money she makes from the shop, she was able to buy a small home with a piece of land and her children were able to go to school.

Josienne is now 19 years old and is attending Mount Kenya University where she is working towards a BA degree in Business Administration (which is being supported by Trócaire).

Photo: Genevieve and Josienne, Rwanda.



€5,000

£4,307*

will support 75 poor farmers in Kenya with two goats each which will provide milk and an important source of income.

*based on currency exchange rates Aug 2013



Photo: Eda and her two children Jessica and Lester.

Eda's story: Honduras

Eda Carranza from Honduras wants the world to know that with the right treatment, women living with HIV can have healthy babies. In 2000 Eda gave birth to a baby daughter Jessica. Soon afterwards both mother and baby fell ill. They attended a local health centre where tests revealed they were HIV positive. Eda was completely shocked by the results. She had not been aware that Jessica's father had been HIV positive. When Eda became pregnant with her second child she immediately sought medical advice.

Doctors prescribed antiretroviral drugs to combat mother-to-child transmission, as well as advising her on nutrition and the importance of good mental health. When baby Lester Romero was born, Eda was relieved when tests showed that he did not have HIV. Trócaire is supporting Eda and her family by offering psychotherapy, counselling and school supplies for the children. Today Eda is stronger and more confident than she thought possible. "You are able to recover from hardship, even when you think you can't" says Eda.

€10,800

£9,325*

will assist in defending human rights in Guatemala where Trócaire has been working to ensure justice for those who have suffered abuse and land-grabbing.

*based on currency exchange rates Aug 2013

Let this be your legacy...

Bringing justice and dignity to poor people worldwide.

From the beginning, Trócaire's aim has not just been to feed the hungry, but to question why people have no food. This search for justice and equality for all has been what has driven Trócaire ever since and will continue to do so for as long as necessary.

Trócaire envisages a just and peaceful world where people's dignity is ensured and rights are respected; where basic needs are met and resources are shared equitably; where people have control over their own lives and those in power act for the common good.

You can be assured that leaving a gift of any value in your Will can make a real and lasting difference to the people that Trócaire works with for generations to come.

Photo: Josienne.

€50,000

£43,169*

will provide water to 16,000 households with the installation of 20 wells in communities in North Uganda.

*based on currency exchange rates Aug 2013

Making a Will - where to start

Making a Will can seem like an overwhelming task at first but it need not be so. We recommend that you make a Will through a solicitor who can offer invaluable guidance whilst also ensuring that your Will is legally binding. Below are some simple steps which will help guide you through the process.

1. Arrange an appointment with your solicitor.

To ensure that your Will is legally valid it is vital that you see a solicitor, who will be happy to advise you throughout.

3. Consider the people and causes you would like to benefit.

Make a list of the people and causes you would like to benefit from your Will and think about who should receive the most significant gifts.

2. What is the likely value of your estate?

Most people are surprised when they work out how much the value of all their assets are worth. Your estate is everything you own, excluding any outstanding payments you have to make, for example mortgage repayments. To place a value on your estate you will need to account for all your assets and savings minus your debts.

4. Who would you like to appoint as executors?

Executors have the responsibility of administering your estate and of making sure that your wishes are carried out. Executors may include family members, friends or professionals.

Ways of allocating your estate

There are two main ways of making gifts in your estate:

1. A specific sum of money or item -

A PECUNIARY LEGACY

Pecuniary legacies consist of a specific amount of money or item being left to an individual or organisation.

2. A share of your total estate -

A RESIDUAL LEGACY

The 'residue' is what is left after all other payments and legacies have been met from the estate.

If you wish to change your Will

If your changes are relatively simple, such as the addition of a charitable gift, you can add a Codicil, which is a legally binding document that details the amendments to your Will. You should contact a solicitor if you wish to add a Codicil to your Will.

After you have made your Will

Try and keep your Will up to date

It is also a good idea to review your Will every few years as the value of your assets may change over time. Your solicitor will best advise on how to do this.

Ensure your Will is kept safe

It is best to leave your Will in a safe place, such as with your solicitor, and also to keep a copy for yourself. You should also let your executors or immediate family know where they can find it.

Tax implications

Legacies left to charities such as Trócaire are completely tax-free, meaning that 100% of any gift you leave in your Will would go directly to our work. It is advised that you seek the advice of a professional regarding taxation and your Will.



Our Promise:

We promise to relentlessly challenge and strive to overcome the causes and symptoms of poverty and injustice. It is our promise to make what is fundamentally right and fair known, acknowledged and respected.

We stand together with women, men and children who face poverty and injustice and help to make a difference to their lives. We do this so that people in the developing world have the opportunity to live full lives. Lives all are entitled to - lives of dignity, potential, hope and freedom.

trōcaire

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Photo: Umardin (75) a cattle farmer from Bat Khela in Swat.



Trócaire

**Working for
a just world.**

Dear Trócaire,

I am thinking of leaving a legacy / have left a legacy to Trócaire in my Will and would like to be kept informed of how legacies make a lasting difference.

Below you will find my details:

Name: _____

Address: _____

Telephone: _____

Email: _____

Could you please keep me up to date via,

Email

Post

Tick if you would also like to be invited to information evenings in your area.

During Best Will in the World Week, which takes place in October each year, **solicitors across Ireland will offer Will consultations for just €50**. To find out more go to **www.bestwill.ie**

A stamp
here will
save
Trócaire
money

**Trócaire,
Freepost NS244
Maynooth
Co. Kildare**

www.trocaire.org

Scale of global poverty in 2012

30%, or 1.8 billion live on less than \$2 a day, about 50% live on less than \$2.50.

21,000 children die every day due to poverty.

1 in 9 people do not have access to clean water.

20% of people in the highest-income countries consume 86% of the world's resources. The poorest 20% account for a minuscule 1.3%.

ONE PERCENT DIFFERENCE.

Please consider pledging 1% of your estate to Trócaire.

Whatever you can give will make a real difference to the lives of those who need it most

To find out more about our work log onto:

www.trocaire.org

61 million children are excluded from primary school - **34 million adolescent girls** are not in school.

Women make up around **70%** of the world's poor.

Working for a just world.

Trócaire